

VISIT US AT 293 MAIN STREET•DERBY, CT 06418
PHONE US AT (203) 736-1484
EMAIL US AT SENIORCENTER@DERBYCT.GOV

DERBY SENIOR CENTER NEWS

JULY 2019

The Derby Senior Center will be open on Wednesday, July 3rd from 7:00-10:00 PM for the fireworks. In the event it rains they will be held on Friday, July 5, 2019. Any one can come into the building with a staff member to use the bathrooms. We will also be putting chairs in front of the building for members with water and snacks provided. Let's reflect on all the soldiers that died for us so we can have our independence.

The Agency on Aging, TEAM Inc. and Griffin Hospital will have a Hawaiian lunch. Griffin Hospital's Celebrity Chefs will prepare a buffet lunch Hawaiian Style. The event will take place on July 18th from 12:00-2:00PM at the Derby Senior Center. The suggested donation is \$5.00. There will be prizes for best dressed, music and lots of fun. Please sign up early for this will fill up fast.

We will be having our Executive Board Member Elections on Thursday, July 25th after the breakfast. Please see the slate of people running below. We will also take nominations from the floor for those interested in running.

There will be a ballot box available on July 1st for members that will not be present at the meeting.

The following people are running for the board::

Brenda Bazyluk	President
Mary Jo Chevrealla	Vice President
Sandra Bush	Secretary
Linda Joyce	Treasurer
Anthony Barsevich	Member
Hilda Feducia	Member
Howard Jack	Member
Janet Misiewicz	Member
Marge Pawlak	Member
Charlotte Ritter	Member
Dawn Ryan	Member
Roger Foster	Member
Ellen Amodeo	Member
Robert Maturo	Member
Elaine Maturo	Member
Dolores Bukowski	Member

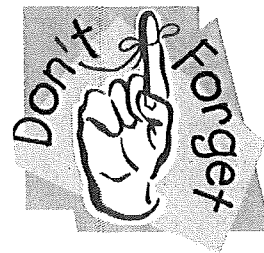
Sincerely, Interim Director Susan Churchill

SPECIAL POINTS OF INTEREST:

- The Elderly Commission is on summer break. Next meeting will be Tuesday, September 3, 2019 at 3:00 PM.
- The Executive Board meeting is on Tuesday, July 9, 2019 at 10:00 AM.
- The Activities Committee meeting is on Tuesday, July 9, 2019 at 11:00AM.
- Parish Nurse from Griffin Hospital will be here on Tuesday, July 2, 2019 from 11:00AM to 2:00PM.
- Counseling is available for those of you who have any questions on Medicare. Please call the Center at (203) 736-1484 to schedule an appointment.
- **We will be closed on Thursday, July 4, 2019 in observance of Independence Day.**



MONTHLY REMINDERS



- ♦ **HAIRCUTS** will be on Monday July 8, 2019 from 10:00 AM-12:00 PM. Please call 203-736-1484 for an appointment. Price is \$10.00.
- ♦ **BIRTHDAY BINGO** will be held on Tuesday, July 23, 2019 at 1:00 PM. Thank you to Gardener Heights for hosting this event with prizes and treats.
- ♦ Visit us online at www.facebook.com/derbyseniorcenter.
- **Every Friday Veterans Services and Benefits: Contact Gabor Kautzner @ 203-736-1484. Hours are from 9:00AM to 12:00 Noon..**
- **Other trips: Canadian Rockies, and Albuquerque Balloon Fiesta.**

FOR YOUR INFORMATION

**Please remember to send a self addressed, stamped envelope with your membership dues. We will mail your new membership card to you. Please pay and pick up tickets in advance of function.*

*Please no registrations before
July 1, for in house functions.
Check dates for registration for trips.*

Current Trip Schedule 2019

Boston Pops at Tanglewood Music of John Williams	Reg 5/7	July 7, 2019
Coins & Claws Lobster & Mohegan Sun Casino	Reg 5/21	July 12, 2019
Niagara Falls	Reg 5/7	July 16-19, 2019
Essex Dinner Train & Riverboat Ride	Reg 5/14	July 25, 2019
Saratoga	Reg 6/11	August 8, 2019
Block Island	Reg 6/11	August 15, 2019
Lake George & Saratoga	Reg 5/28	August 21-23, 2019
Westchester Mambo Italiano	Reg 6/11	August 29, 2019
911 Memorial & Museum	Reg 7/9	September 5, 2019
Trains of New England	Reg 6/25	Sept 30-Oct 6, 2019
Friesians of Majesty	Reg 8/20	October 10, 2019
Naugatuck Valley Railroad & Mystery Destination	Reg 7/9	October 15, 2019
Dover Downs Casino	Reg 7/23	Oct 23-25, 2019
A Spellbinding Day in Salem, Mass	Reg 7/30	October 29, 2019
Ace in the Hole Glen Campbell & John Denver Tribute	Reg 9/1	November 7, 2019



JULY HAWAIIAN LUAU
THURSDAY, JULY 18, 2019

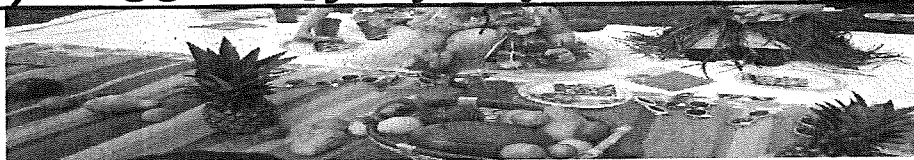


TIME 12:00-2:00PM

SUGGESTED DONATION \$5.00

SPONSORED BY AGENCY ON AGING
TEAM AND GRIFFIN HOSPITAL

BUFFET STYLE LUNCH HAWAIIAN LUAU
BBQ SPARE RIB, GRILLED PINEAPPLE CHICKEN
COCONUT CITRUS STUFFED SOLE, YUKON
MASHED POTATOES, CANDIED BUTTERNUT
SQUASH, TOSSED SALAD AND ICE CREAM BAR



JULY SUMMER BREAKFAST

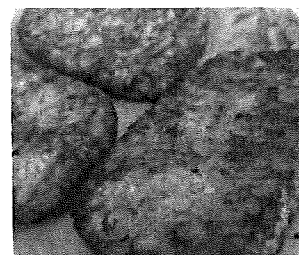
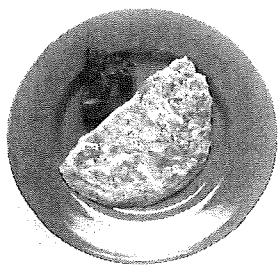
THURSDAY, JULY 25, 2019

TIME 9:00AM.

COST \$4.00

JUICE, FRESH FRUIT
AMERICAN CHEESE OMELET
HASH BROWNS, BACON

UNLIMITED COFFEE AND TEA, FREE RAFFLE



TRIPS FOR OCTOBER

Naugatuck Valley Railroad & Mystery Destination

Tuesday, October 15, 2019, Reg Date 7/9/2019



Cost \$109.00PP

All Aboard! Today we will be in route to Naugatuck Valley Railroad Train Station in Thomaston, CT. Upon arrival, you may briefly visit the Railroad Museum and Gift Shop. Then we will board a train featuring vintage passenger coaches with warm and comfy seats. After the train ride we will head to the East Side Restaurant where you will enjoy a Bavarian atmosphere and friendly staff outfitted in traditional German attire with seven choices on the menu. Following lunch, we will make a mystery stop at one of CT's favorite attractions.



Dover Downs Hotel and Casino

Wednesday-Friday Oct 23-25, 2019, Reg Date 7/23/2019

Cost \$299.00PP Double 435.00PP Single \$289.00PP Triple

*Come and enjoy 3 days away at Dover Downs Hotel & Casino. The first day you arrive you will check into your room and the rest of the day is on your own. The second day we will see a show by the **Four By Four** which will perform hits from the Beatles, Beach Boys, Bee Gees, and Motown!. Sit back and relax.*

On Friday we will depart at 2:00PM and stop for dinner on your own. Hopefully you will go home with heavier pockets.



A Spellbinding day in Salem, MA









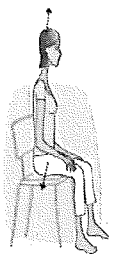
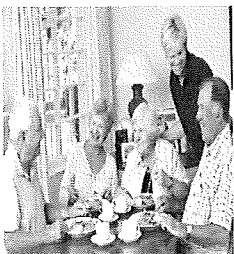






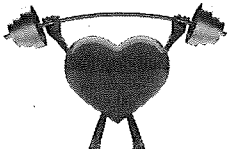

Tuesday, October 29, 2019 Reg Date 7/30/19

Cost \$130.00

Today we will depart to historic Salem MA where we will take a Tour of the House of Seven Gables. After that we will head over to the Hawthorne Hotel for a choice of 3 meals: 1) Baked Haddock with Corn Bread Crumbs and Lemon Herb Butter, 2) Boneless Breast of Chicken with Cranberry Nut Stuffing, 3) Penne with Fresh Basil and Tomato Sauce. All entrees are served with salad & dessert.

After lunch, we will visit the Salem Witch Museum. "She afflicts me! She comes to me at night and torments me! She's a witch!. Twenty people were put to death after being convicted of engaging in witchcraft. You will see just how magical this town is.

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1) 10:00 Chair Yoga 11:15 Strength Training 12:15 Sign Language</p> 	<p>2) 11:45 Senior Café 1:00 Bingo</p> 	<p>3) 9:30 Computer Class off until Sept 9:30 Yoga Class 11:00 Painting 11:30 Strength Training 12:30 Zumba Open for Fireworks from 7:00-10:00pm</p>	<p>4) CLOSED FOR INDEPENDENCE DAY</p> 	<p>5) 10:00 Tai Chi 10:00 Shopping 12:30 Zumba Gold 1:00 Quilting Class</p> 
<p>8) 10:00 Haircuts 10:00 Chair Yoga 11:15 Strength Training</p> 	<p>9) Reg for 911 Reg for Naug Valley Railroad 11:45 Senior Cafe 1:00 Bingo</p> 	<p>10) 9:30 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>11) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 1:00 Craft Class Reiki session by appointments</p> 	<p>12) Coins & Claws Trip Today 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class</p>
<p>15) 10:00 Chair Yoga 11:15 Strength Training 12:15 Sign Language</p> 	<p>16) Niagara Falls Trip Starts Today 11:45 Senior Café 1:00 Bingo</p> 	<p>17) 9:30 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p> 	<p>18) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 1 12:00 HAWAIIAN LUAU SPONSORED BY AGENCY ON AGING, TEAM & GRIFFIN HOSPITAL 1:00 Pinochle 1:00-3:00 Craft Class Reiki session by appointments</p>	<p>19) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class</p> 
<p>22) 10:00 Chair Yoga 11:15 Strength Training</p> 	<p>23) Reg for Dover Downs 11:45 Senior Café 1:00 Birthday Bingo</p> 	<p>24) 9:30 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba</p> 	<p>25) Essex Train Trip Today 9:00 Summer Breakfast 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Lunch 1:00 Pinochle</p>	<p>26) 10:00 Tai Chi 10:00 Shopping 11:30 Tap Class 12:30 Zumba 1:00 Quilting</p> 
<p>29) 10:00 Chair Yoga Class 11:15 Strength Training 12:15 Sign Language</p> 	<p>30) Reg for Spellbinding Day in Salem 11:45 Senior Cafe 1:00 Bingo</p> 	<p>31) 930 Computer Class off until Sept 9:30-11:00 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold</p>		

JULY BIRTHDAYS

Barbara Badela
Edith Behrle
JoAnn Brejwo
Joseph Brozak
Mary Buckley
Carolyn Carloni
Florence Cataudella
Diane Cataudella
Benjamin Chadarcewicz
Genevieve Chaplick
Irma Coleman
Margaret Dalia-Theriaquc
Carrie Dansreau
Arlene Defeo
Helen Dellolio
Sandra DePalma
Tracey Diglio-Nylen
Margaret Donovan
Stephen Dripchak
Jean Far
Gwendolyn Faugno
Robert Federico
August Firgau
Louis Freiler
Ann Gabianelli
Louise Gardo
Rosemary Garrett
Robert Gaudio
Helen Giammario
Jean Golden

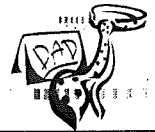
Patricia Gramigna
Dorothy Hitchcock
Martha Insalaco
Arlene Jachyra
Marcia Jones
Victor Kalynowski
Jean Kelly
Mary Kilduff
Pamela Killianey
Joseph Kopasz
Janice Kuziak
Brenda Kymer
Elda Lagoy
Catherine Lally
Mindy Lenenthal
John Levi
Herbert Libby
Barbara Lynch
Coydine Mackie
Patricia Marcucio
Robert Martovich
Barbara Martovich
Anna Mezzatesta
Jean Michalak
Josephine Mierzejewski
Shirley Mikita
Christine Moccia
Jack Moore
Theresa Murillo
Elizabeth Nicoletti
Michelle Novak



Jack O'Toole
Ralph Petrosino
Julia Petruzzuoli
Veronica Pinchuk
Carol Pluchino
Frank Pogwizd
Kate Poitras
Alice Pokladowski
Wayne Poulin
Michael Ranno
Frances Raro
Diane Rosner
Alice Salvas
Sharon Sanford
Nora Shea
Elizabeth Simonetti
Ronald Sisbarro
Wallace Sloves
Martha Smart
Rosalind Spader
Anthony Staffieri
Rhoda Stanislawski
Onsi Tawadros
Theresa Tiano
Anita Tomasco
Elizabeth Varrone
Paul Varsanik
Anne Verbiskas
Sheila White
Susan Zaleha





JULY 2019 - SENIOR COMMUNITY CAFÉ



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 SPECIAL LUNCH 4TH OF JULY: Lemonade BBQ Beef Ribs Baked beans Coleslaw Wheat Roll Strawberry Shortcake		 OFFICE CLOSED	
	9 Vegetable Gumbo Soup w/ Crackers Egg Salad w/ Lettuce & Cucumber Three Bean Salad Herb Breadstick Fresh Fruit Margarine		11 Cheeseburger Baked Beans Lettuce, Tomato, Pickles Ketchup Bun Peaches	
	16 Apple Juice Veal Parmesan Penne Pasta w/ Sauce Caesar Salad w/ Caesar Dressing Parmesan Cheese Italian Bread Fruited Jello w/ Whipped Topping Margarine		18 HAWAIIAN LUAU sponsored by: AOASCC & hosted by Griffin Hospital Celebrity Chef Buffet Style Lunch: Baby Back Ribs Chicken Skewers Stuffed Sole and much more.	
	23 Herb Baked Chicken Sweet Potato Pone Bean Blend Wheat Dinner Roll Fresh Fruit Margarine		25 Apple Juice Teriyaki Salmon Strips Lo Mein Oriental Blend Whole Grain Dinner Roll Berry strudel Margarine	
	30 Grape Juice Tortellini w/ Ham, Tomato & Pepper Broccoli Herb Breadstick Italian Ice Margarine		 "The strength of <i>a nation</i> LIES IN THE HOMES of its <i>people</i> "	

The entrée may be substituted for a BAKED CHICKEN QUARTER on the following days: July 15 & 30



30 ELIZABETH STREET, DERBY, CT 06418 - 736-5420

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY – All meals include milk.

INDEPENDENCE DAY

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

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F T H C O N S T I T U T I O N
O I H S A E W H O L I D A Y T
R H R T C R O T S E C N A M O
O E I E R E D E E N Y F S O I
R O P E W U L E G D O R M D R
N T O U O O O E T A E H E E T
R S D E B W R F B H T S E E A
R V E I H L E K T R T I N R P
L O T I F D I A S O A R R F T
R I T H A E F C M S E T D E L
E E B R V E L I E S J N I L H
D Y A E R G A R J L A N R O T
N P T O R C G E X B T Q V L N
R T F L N T L M T Z X L V K F
N M B L U E Y A Y L U J X Y C
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Created by Evelyn Johnson - www.qets.com

America	Flag	Liberty
Ancestor	Forefathers	Nation
Band	Fourth	Parade
Blue	Freedom	Patriot
Celebration	Heritage	Red
Constitution	Holiday	Republic
Fireworks	July	White